



## **Home Care Funding Booklet**

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# Healthy Home Care

**Mark & Sylvie's Home Care** is an approved provider of government funded Home Care Packages, founded by local doctors who are passionate about caring for the elderly.

Through our parent medical company, **Atticus Health**, we are able to provide ongoing general and specialist medical advice and care along the way. Our healthcare network includes GPs, nurses, allied health professionals and specialists.

This booklet is designed to provide you with examples of what can be funded as part of a Home Care Package with Mark & Sylvie's under a Home Care Agreement.

If you would like to learn more or need help selecting a package, please call us on 1300 268 431 or email: [mshomecare@atticushealth.com.au](mailto:mshomecare@atticushealth.com.au)

**Call 1300 268 431**  
[www.mshomecare.com.au](http://www.mshomecare.com.au)

## Home Care Funding

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### Key

OT = Occupational Therapist  
PT = Physical Therapist  
GP = General Practitioner

| ACTIVITY                    | FUNDED | UNFUNDED | CONDITIONS                               |
|-----------------------------|--------|----------|--|
| <b>Aids &amp; Equipment</b> |        |          |  |
| Bed rails                   | ✓      |          | Occupational Therapist (OT) assessment   |
| Hospital bed / mattress     | ✓      |          | OT assessment                            |
| Electronic recliner bed     | ✓      |          | OT assessment                            |
| Shower chair                | ✓      |          | OT assessment                            |
| Shower stool                | ✓      |          | OT assessment                            |
| Four wheel walker           | ✓      |          | OT or Physical Therapist (PT) assessment |
| Wheelchair                  | ✓      |          | OT or PT assessment                      |
| Commodes                    | ✓      |          | OT assessment                            |
| Electronic scooter          | ✓      |          | OT assessment                            |
| Recliner chair              | ✓      |          | OT assessment                            |
| Hearing aids                |        | ✗        | Subsidies available                      |
| Prescription glasses        |        | ✗        | Private cost                             |
| Adapted cutlery             | ✓      |          | OT assessment                            |
| Splints                     | ✓      |          | Specialist Assessment                    |
| Hoists                      | ✓      |          | OT assessment                            |
| Cushions                    | ✓      |          | OT or PT assessment                      |
| Pain relieving devices      | ✓      |          | Specialist Assessment                    |
| Grab rails                  | ✓      |          | OT assessment                            |
| Orthoptics                  | ✓      |          | Vision assessment                        |
| Magnifiers / CCTV           | ✓      |          | Vision assessment                        |

| ACTIVITY               | FUNDED | UNFUNDED | CONDITIONS   |
|------------------------|--------|----------|--|
| <b>Animals</b>         |        |          |  |
| Walking                | ✓      |          | Short walks where dog is assessed as safe  |
| Clipping paws          |        | ✗        | Transport to service only, not directly offered  |
| Washing dog            |        | ✗        | Transport to service only, not directly offered  |
| Picking up faeces      | ✓      |          | At the discretion of the worker  |
| Changing litter        | ✓      |          | At the discretion of the worker  |
| Pet therapy dog visit  |        | ✗        |  |
| Organising food weekly | ✓      |          | Worker can pick up the food and assist in its preparation, but cannot pay for the food |

| ACTIVITY                       | FUNDED | UNFUNDED | CONDITIONS         |
|--------------------------------|--------|----------|--------------------|
| <b>Continence</b>              |        |          |                    |
| Catheter management            | ✓      |          | Nursing assessment |
| Pads and pull briefs           | ✓      |          | Nursing assessment |
| Bed protectors                 | ✓      |          | Nursing assessment |
| Devices to wipe intimate areas | ✓      |          | Nursing assessment |
| Commodes                       | ✓      |          | OT assessment      |
| Stoma Products                 | ✓      |          | Nursing assessment |
| General advice                 | ✓      |          | Nursing assessment |

| ACTIVITY                 | FUNDED | UNFUNDED | CONDITIONS  |
|--------------------------|--------|----------|---|
| <b>Domestic Supports</b> |        |          |   |
| Delivered meals          | ✓      |          | Preparation & delivery only (70% of total cost)<br>As part of any Care Plan Goal - Client pays out of private funds 30% |
| Sorting / Tidying        | ✓      |          | As part of any Care Plan Goal   |
| Posting letters          | ✓      |          | As part of any Care Plan Goal   |
| Administration           | ✓      |          | As part of any Care Plan Goal   |
| Cleaning                 | ✓      |          | As part of any Care Plan Goal   |
| Spring cleaning          | ✓      |          | As part of any Care Plan Goal   |
| Meal preparation         | ✓      |          | As part of any Care Plan Goal   |
| Shopping (escorted)      | ✓      |          | As part of any Care Plan Goal   |
| Shopping (by list)       | ✓      |          | As part of any Care Plan Goal   |

Michael enjoyed the convenience of having his dressings delivered straight to his door, and the payment automatically taken out of his package.

It saved him going to the chemist and trying to guess how much was needed each time, or running out of dressings because he forgot to buy them. Now he and his carer both know that all the supplies are there, ready to go!

| ACTIVITY   | FUNDED | UNFUNDED | CONDITIONS  |
|--|--------|----------|---|
| <b>Electronics</b>                                       |        |          |   |
| Computer   |        | X        | Assessed on a case by case basis, depending upon client's assessed need |
| Laptop   |        | X        | Assessed on a case by case basis, depending upon client's assessed need |
| Breezie tablet   | ✓      |          | Assessed on a case by case basis, depending upon client's assessed need |
| i-Pod  |        | X        | Personal item   |
| Internet modem   |        | X        | Personal item   |
| Internet connection / access                             |        | X        | Personal Item   |
| Stereo   |        | X        | Personal Item   |
| Loop system  | ✓      |          | Audiologist assessment  |
| Speech output software                                   | ✓      |          | Specialist assessment   |
| General software for hearing impaired or vision impaired | ✓      |          | Specialist assessment   |
| CCTV   |        | X        |   |
| Scanner  |        | X        |   |
| Printer  | ✓      |          | For help with organising, enlarged reading                              |
| Electronic magnifiers                                    | ✓      |          | Specialist assessment   |
| Large button phone                                       | ✓      |          | Recognised need added to Care Plan                                      |
| Large button mobile                                      | ✓      |          | Recognised need added to Care Plan                                      |

| ACTIVITY                                   | FUNDED | UNFUNDED | CONDITIONS   |
|--|--------|----------|--|
| <b>Household Repairs</b>                   |        |          |  |
| Railings / Grab rails                      | ✓      |          | OT assessment  |
| Painting & Decorating                      |        | X        |  |
| Fixing washing line                        | ✓      |          | Labour only  |
| Fitting new kitchen                        |        | X        | At personal cost   |
| Changing light bulbs                       | ✓      |          | Labour only, parts are paid for by client  |
| Cleaning gutters                           | ✓      |          |  |
| Changing tap washers                       | ✓      |          | Labour only, parts are paid for by client  |
| Cleaning windows                           | ✓      |          |  |
| Minor bathroom modifications               | ✓      |          | OT assessment; No demolition, no structural changes, no cosmetic changes                 |
| Starting a pilot light                     | ✓      |          |  |
| Repair of oven / TV etc.                   |        | X        | Personal cost  |
| Pool maintenance                           | ✓      |          | For safety purposes only, not beautification   |
| Repairing pool tiles or pumps              |        | X        | Personal cost  |
| Repair of heating system                   |        | X        | Personal cost  |
| Purchase of heater / air conditioning unit | ✓      |          | If supported with letter from General Practitioner (GP) to highlight medical benefits    |
| De-cluttering of home                      | ✓      |          | If identified at assessment that client has an issue with this and it is linked to goals |
| Sticking doors                             | ✓      |          |  |
| Structural Repairs                         |        | X        | Personal cost  |
| Replacing carpet / flooring                |        | X        | Personal cost  |

| ACTIVITY                     | FUNDED | UNFUNDED | CONDITIONS   |
|------------------------------|--------|----------|--|
| <b>Garden &amp; Outdoors</b> |        |          |  |
| Ramp construction            | ✓      |          | OT Assessment  |
| Building easy steps          | ✓      |          | OT Assessment  |
| Railings                     | ✓      |          | OT Assessment  |
| Weeding                      | ✓      |          |  |
| Pruning                      | ✓      |          |  |
| Planting new plants          | ✓      |          | Does not include plants or soil. Gardner to assist in planting |
| Spraying                     | ✓      |          | Labour only  |
| Removal of leaves            | ✓      |          |  |
| Lawn mowing                  | ✓      |          |  |

John suffered from a chronic back condition and was often in pain. He was able to see an OT through Mark & Sylvie's Home Care network.

Following a recommendation from the OT, he received a mattress that had been specially tailored to his needs. John's back pain improved greatly and he was able to rest easy, knowing that his package covered the entire cost of the new set up!

| ACTIVITY                           | FUNDED | UNFUNDED | CONDITIONS   |
|------------------------------------|--------|----------|--|
| <b>Garden &amp; Outdoors Cont.</b> |        |          |  |
| Clearing / Cleaning of paths       | ✓      |          | For safety only  |
| Repairs to pathway                 | ✓      |          | Minor repairs only, if affecting ability to enter safely |
| Firewood                           |        | ✗        | Personal cost  |
| Purchase of lawnmower              |        | ✗        | Personal cost  |
| Watering garden                    | ✓      |          |  |

| ACTIVITY   | FUNDED | UNFUNDED | CONDITIONS   |
|--|--------|----------|--|
| <b>Nutrition</b>   |        |          |  |
| Delivered Meals (e.g. Meals on Wheels, Lite 'n' Easy, etc) | ✓      |          | If added to the Care Plan (70% for preparation and delivery. Client must pay for 30% which is the food portion of the meals) |
| Vitamins and minerals                                      |        | ✗        |  |
| Vitamised foods  | ✓      |          | With a letter from GP / Specialist stating they are medically necessary  |
| Take-aways   |        | ✗        | Personal cost  |
| PEG Feeds  | ✓      |          |  |
| Pureed Foods   | ✓      |          | If added to the Care Plan (70% for preparation and delivery. Client must pay for 30% which is the food portion of the meals) |
| Supermarket shopping                                       |        | ✗        | Personal costs for the shopping purchased.   |
| Support to cook or prepare special meals                   | ✓      |          |  |

| ACTIVITY             | FUNDED | UNFUNDED | CONDITIONS                                  |
|----------------------|--------|----------|---|
| <b>Personal Care</b> |        |          |   |
| Showering / Bathing  | ✓      |          |   |
| Toiletries           |        | ✗        |   |
| Non-medicated creams |        | ✗        |   |
| Cutting of nails     |        | ✗        |   |
| Pedicure / Manicure  |        | ✗        | Podiatrist (Funded) / Beautician (Unfunded) |
| Hair cut             |        | ✗        | Personal cost                               |
| Make up              |        | ✗        | Personal cost                               |
| Sterile wipes        | ✓      |          |   |
| Catheter Change      | ✓      |          |   |

| ACTIVITY                   | FUNDED | UNFUNDED | CONDITIONS   |
|----------------------------|--------|----------|--|
| <b>Personal Care Cont.</b> |        |          |  |
| Showering / Bathing        | ✓      |          |  |
| Toiletries                 |        | ✗        |  |
| Non-medicated creams       |        | ✗        |  |
| Cutting of nails           |        | ✗        |  |
| Pedicure / Manicure        |        | ✗        | Podiatrist (Funded) / Beautician (Unfunded)          |
| Electronic Shavers         |        | ✗        | Personal cost  |
| Hair cut                   |        | ✗        | Personal cost  |
| Make up                    |        | ✗        | Personal cost  |
| Sterile wipes              | ✓      |          |  |
| Catheters                  | ✓      |          |  |
| Catheter Aids              | ✓      |          |  |
| Catheter Change            | ✓      |          |  |
| Bandages / Tubes           | ✓      |          |  |
| Gloves                     | ✓      |          |  |
| PEG tube feed site         | ✓      |          |  |
| Colostomy bags / aids      | ✓      |          |  |
| Bathmats                   |        | ✗        | Personal cost unless recommended by an OT for safety |
| Face masks                 |        | ✗        |  |
| Non-PBS medication         |        | ✗        |  |
| Wound dressing supplies    | ✓      |          | Nursing assessment                                   |

Lyn was going through chemotherapy and was sometimes too unwell to go shopping or prepare meals.

Mark & Sylvie's Home Care organised for her to receive meals from Lite'n'Easy, which she found to be very convenient and nutritious. These were an excellent alternative on the days when she just didn't have the energy to cook.

| ACTIVITY   | FUNDED | UNFUNDED | CONDITIONS                              |
|--|--------|----------|---|
| <b>Social Activities</b>                         |        |          |   |
| Transport to social events                       | ✓      |          |   |
| Support worker to accompany you to social events | ✓      |          |   |
| Dating Sites                                     |        | ✗        | Personal cost                           |
| Costs of hobbies                                 |        | ✗        | Personal cost                           |
| Club memberships                                 |        | ✗        | Personal cost (e.g. U3A / Probus / RSA) |
| Gym memberships                                  |        | ✗        | Personal cost                           |
| Respite in home                                  | ✓      |          |   |
| Cinema ticket                                    |        | ✗        | Personal cost                           |
| Social public arts group at centre               | ✓      |          |   |
| Respite in community                             | ✓      |          |   |
| Social group holidays                            | ✓      |          | Certified respite overnight trip        |
| Men's Shed                                       | ✓      |          |   |

| Transportation                               | FUNDED | UNFUNDED | CONDITIONS             |
|--|--------|----------|------------------------|
| Car registration                             |        | ✗        | Personal cost          |
| Kilometres travelled to medical appointments | ✓      |          |                        |
| Special adjustments to vehicle               | ✓      |          | OT recommendation only |
| Myki card                                    |        | ✗        |                        |
| Taxi   | ✓      |          | Through taxi vouchers  |
| Bus pass                                     |        | ✗        |                        |
| Vehicle running costs                        |        | ✗        |                        |
| Car wash                                     |        | ✗        |                        |

| Utilities                 | FUNDED | UNFUNDED | CONDITIONS    |
|---------------------------|--------|----------|---------------|
| Phone bills               |        | ✗        | Personal cost |
| Gas / Water / Electricity |        | ✗        | Personal cost |
| Rates                     |        | ✗        | Personal cost |
| Rental Bonds              |        | ✗        | Personal cost |
| Light bulbs               |        | ✗        | Personal cost |
| Internet                  |        | ✗        | Personal cost |

Nola hadn't been able to attend to her front yard in some time and it had become overgrown. Mark & Sylvie's Home Care arranged for our gardener, Bob, to mow the lawn, prune and weed the yard.

Nola was delighted to see it looking so fresh and tidy. She also enjoyed chatting with Bob, who certainly loves a good yarn!

*Healthy Home Care*

ATTICUS  HEALTH

Driven by Soul



Mark & Sylvie's  
— HOME CARE —

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